

Daily Learning Planner

*Ideas families can use to help students
do well in school*

Prairie Heights Middle School



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Explain that school is your child's job. School and schoolwork takes priority over sports, hobbies and social media.
- 2. Ask your child, "What do you think is the best job in the whole world?"
- 3. Help your child start a study routine. Encourage your student to pick a regular time and place to work.
- 4. What activities does your middle schooler most enjoy doing with family? Get your child's feedback and make plans to do some.
- 5. Find out how students' families can volunteer to help the school. Ask about things you can do at school and at home.
- 6. Some middle schoolers are embarrassed by public affection. But they still like hugs at home!
- 7. Discuss the importance of attending every class with your child.
- 8. Students who take part in extracurricular activities feel a stronger connection to school. Help your child find a school activity of interest.
- 9. Ask your child to tell you about one of this year's teachers.
- 10. It's Grandparents Day! Help your child do something nice for a grandparent or another older person.
- 11. As a family, create a routine that will make mornings run smoothly.
- 12. Encourage your child to write all assignments down in a planner. This helps students see everything in one place.
- 13. After study time, put on a favorite song and get everyone moving!
- 14. Challenge your child to imagine life 150 years ago. How about 150 years in the future?
- 15. Ask your child, "What is one thing that makes you feel really excited?"
- 16. Is your child's room messy? Set the timer for a 15-minute pick-up blitz before moving on to a fun activity.
- 17. Look at family photos with your middle schooler. Ask your child to organize them.
- 18. Ask who your child's role models are, and why.
- 19. Play Math Catch together. Call out a problem—such as $60 \div 12$ —as you toss a ball. See if your child can say the answer before catching it.
- 20. Discuss honesty and why it matters in school. Point out people who demonstrate honesty.
- 21. Ask about something your child is reading for school. What is it about? What are the characters like?
- 22. Boost your child's financial literacy. Have your child keep a record of all money earned or received, and all money spent.
- 23. Take advantage of opportunities to talk with your child while doing chores or errands.
- 24. Middle schoolers like to make a difference. Help your child think of ways to help others.
- 25. Find a new word in the dictionary. Can each member of your family use it three times today?
- 26. Learn the names of your child's teachers and make sure you have contact information for them so you can stay in touch.
- 27. Suggest that your child start a book club with friends from school.
- 28. Go for a walk with your child and look for signs of fall.
- 29. Ask your child for suggestions of nutritious after-school snacks to keep on hand.
- 30. Make Sundays Backpack Clear Out Day. Your child will start the week organized.